GLBTSSS Library – Sexual Health

Web Resources

GLBT Student Support Services: http://studentaffairs.iub.edu/glbt/
   The GLBTSSS Office serves as a resource and information center for campus and community individuals, groups, events, and activities. The office provides a welcoming environment for individuals seeking to grow in their understanding of GLBT issues.

Documentary Films

Almost Myself: Reflections on Mending & Transcending Gender (2007)
DOC ALMO 2007
   After finding a most unusual web site that was seeking funds to help reverse a sex change, award-winning filmmaker Tom Murray set out on a fascinating cross country journey to explore just a small part of the vastly diverse transgender community. The filmmaker, in trying to define the film and what he learned in making it, said that it could be described as "Transgender 101 by and for a non-transgender person." What happens when a young gay man, struggling not only with his sexuality but also gender, decides to have surgery to become a female, and later in life decides to return to being a gay man again? Can someone live their life full time as a female, but still have a penis? What's life like for a former male college football player, finally living her life as the woman she was always meant to be? These are just some of the stories told in the fascinating, poignant, informative and some may say controversial documentary Almost Myself. The film focuses primarily on women who are white and older, yet were identified as male at birth. The stories include journeys of boyhood to womanhood and the struggles of mending and transcending gender (from WorldCat).

American Transgender (2012)
DOC AMER 2012
   Male or female, boy or girl? Most of us can answer that question without a second thought- but for some people, the answer isn't so simple. This special takes us firsthand into the daily lives of three people who are transgender, revealing a remarkable slice of life. We witness their struggles and triumphs, and experience their hopes and fears. How do they manage at work, build careers, maintain friendships, and nurture lasting personal partnerships? Each of the characters in the film tells their story in their own words as we follow them through life's daily battles and victories both large and small (from WorldCat).
Bi the Way: A Documentary about the Whatever Generation (2008)
DOC BITH 2008
The iron curtain between gay and straight is crumbling. The Bible belt is being unbuckled. Recent studies suggest that bisexuality is drastically more widespread than we ever thought. And for young people, dating a girl one week and a guy the next is no big deal. Journeying through the changing sexual landscape of America, the directors of BI THE WAY investigate the latest scientific reports and social opinions on bisexuality, while following five members of the emerging whatever generation teens and twenty-some-things who seem to be ushering in a whole new sexual revolution (from WorldCat).

DOC DOIL 2005
Seven men who are gay or bisexual and suffer from eating disorders talk about the gay male community's obsession with the issue of fat. Experts on eating disorders discuss some of the underlying causes of eating disorders: childhood trauma, internalized homophobia and substance abuse (from WorldCat).

The Education of Shelby Knox: Sex, Lies and Education (2006)
DOC EDUC 2006
Chronicles the efforts of a concerned teenager to bring sex education to the schools in her conservative Texas hometown (from WorldCat).

Family Fundamentals (2002)
DOC FAMI 2002
Arthur Dong interviews families where religiously conservative Christian parents oppose homosexuality despite having homosexual children. The film's many highlights include a Christian conference advocating reparative therapy to cure homosexuality, heated Congressional and television debates, and a fundamentalist support group for parents of gay children (from WorldCat).

Let’s Talk About Sex: A Revealing Look at Sex and American Youth (2011)
DOC LETS 2011
This film takes a revealing look at how American attitudes toward adolescent sexuality impact today's teenagers (from WorldCat).

Transgeneration (2005)
DOC TRAN 2005
What is it like to be a man trapped in a woman's body? How does a woman become a man? TRANSGENERATION, a dramatic and mesmerizing eight-part series, is a year-in-the-life look at four college students--Gabbie, Lucas, Raci, and T.S.--who are juggling

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the challenges of academia with their commitment to transition from their birth sex. Faced with life-altering choices--about how to deal with parents and society, whether or not to take hormone therapy and undergo sex re-assignment surgery--these four remarkable individuals deal with their deeply misunderstood identities in starkly unique ways. In every moment of this radical, paradigm-busting film, these collegiate transgendered students blow up stereotypes while coming to terms with how to change their bodies to fit their minds (from WorldCat).

Books

Assuming a Body: Transgender and Rhetorics of Materiality (2010) by Gayle Salamon
6.008 SALas 2010
The 'next big thing' for anyone interested in critically theorizing about contemporary transgender phenomena, Assuming a Body squarely addresses the debates and polemics thrown up during the field's fiery formative decade in the 1990s-the relationships between trans, queer, and feminist theories; performativity, discursivity, and materiality; and psychoanalysis and its discontents-and powerfully hits these balls back across the net. Salamon's next-generation (re)iteration of these intellectually vital arguments forges stronger connections between trans studies and current reappraisals of affective or phenomenological approaches to embodiment, as well as to the post-9/11 turn toward political economy and the critique of neoliberal governmentality. Scholars across a wide range of disciplines will be citing, siding with, and taking aim at this important book for years to come (from Amazon.com)

Bi Men: Coming Out Every Which Way (2005) edited by Ron Jackson Suresha
6.132 JACbi 2005
A collection of personal essays from bisexual men and those who love them, this book explores what it means to be bisexual in monosexually oriented society. Each story is told in the honest words of bisexuals that confirm the validity of their place in the world while illustrating that there are more bi men than anybody had realized (from WorldCat).

6.120 EDUbo 2000
In fresh and incisive essays, the writers in Body Outlaws reveal a world where bodies come in all their many-splendored shapes, sizes, colors and textures. In doing so, they expand the national dialogue about body image to include race, ethnicity, sexuality and power - issues that, while often overlooked, are intimately linked to how women feel about their bodies. Filled with honesty and humor, this groundbreaking anthology offers stories by women who have chosen to ignore, subvert, or redefine the dominant beauty standard in order to feel at home in their bodies (from WorldCat).
6.1342 OUTco 2000
In this updated version of Wes Muchmore and William Henson's Coming Out Right (Alyson, 1991), Outland (The Principles; Every Man for Himself) gives sensible and nonjudgmental, advice about both the actual coming-out process and negotiating life in the gay community (from Amazon.com).

Feeling Wrong in Your Own Body: Understanding What it Means to be Transgender (2011) by Jaime A. Seba
5.208 SEBfe 2011
Boys who play with Barbie dolls. Girls who join the football team. What is gender? What are gender roles? What's the difference between being a tomboy and being transgender? Is it possible to be in the wrong body? Explore the answers to these questions with an in-depth look at what it means to be transgender, based on personal experiences of the men and women who have taken steps to transition. Learn from the experiences of transgender young people who make the significant choice to live openly as another gender while still in high school. Uncover the reality of this often-misunderstood group and how it fits into the gay community (from WorldCat).

For Colored Boys Who Have Considered Suicide When the Rainbow is Still Not Enough: Coming of Age, Coming Out, and Coming Home (2012) edited by Keith Boykin
9.104 BOYfo 2012
Address[es] longstanding issues of sexual abuse, suicide, HIV/AIDS, racism, and homophobia in the African American, Latino, and Asian-American communities, and more specifically among young gay men of color. The ... book tells stories of real people growing up gay, seeking love, finding their own identity, and ultimately creating their own sense of personal and political empowerment (from WorldCat).

6.7042 PENga 1997
This definitive guide features sections on body image, aging, substance abuse, sexually transmitted diseases, HIV and AIDS, hepatitis B, safe sex, steroids, bisexuality, domestic violence, and much more (from Amazon.com).

6.104 JONge 2005
To be a male who is both Black and Gay is often referred to as 'the greatest taboo'. Growing up with such a stigma presents the young African-American homosexual with a
lifetime of dilemmas. This book gives Black Gay youth a comprehensive guide to embracing their identity and developing into a proud, strong, and powerful member of their communities. With chapters on coming out, staying healthy, Black Gay history, religion, safe sex, drugs, self-defense, and more, 'Get By: A Survival Guide for Black Gay Youth' serves to empower the young Black Gay male against rising adversity, and triumph in the face of multiple oppressions (from Amazon.com).

6.130 HUEgl 2003
Describes the challenges faced by gay, lesbian, bisexual, and transgendered teens, offers practical advice, real-life experiences, and accessible resources and support groups (from WorldCat).

**Latino Gay Men and HIV: Culture, Sexuality, and Risk Behavior** (1998) by Rafael M. Diaz
6.744 DIAra 1998
With research based on focus group and individual interviews in the United States, as well as a thorough and integrative review of the current literature, Latino Gay Men and HIV discusses the six main sociocultural factors in Latino communities -- machismo, homophobia, family cohesion, sexual silence, poverty and racism--which undermine safe sex practices. In an attempt to explain the alarmingly high incidence of unprotected intercourse in this population, this in-depth cultural and psychological analysis shows how an apparent incongruence between knowledge or intention and behavior can possess its own sociocultural logic and meaning (from Amazon.com).

**The letter Q: Queer Writers' Notes to their Younger Selves** (2012) edited by Sarah Moon
6.120 MOOth 2012
Collection of letters from such famous contributors as Brian Selznick, Michael Cunningham, and Amy Bloom to offer hope and support in the face of prejudice (from WorldCat).

6.120 SAVne 2005
Argues that the standard image of gay youth as depressed, isolated, and drug-dependent that was presented by mental health researchers twenty years ago may have been exaggerated and offers a more accurate portrayal of gay youths in the early twenty-first century (from WorldCat).

**Transgender and HIV: Risks, Prevention, and Care** (2001) edited by Walter Bockting, Ph.D. and Sheila Kirk, MD
6.748 BOCtr 2001
This volume presents the first collection of reports on the impact of HIV/AIDS on the transgender community worldwide. It includes a thorough description of the unique HIV risks of transgender people and exposes their largely neglected health and social service needs. This unique book also reports on the first generation of prevention interventions targeting this community, discusses guidelines for providing sex reassignment services to HIV-positive transsexuals, and encourages collaboration between communities at risk, researchers, and people in the helping professions. The social stigma faced by this population adds to their risk of HIV infection. Low self-esteem, rejection, neglect, employment discrimination, disenfranchisement, and a desire for acceptance and validation are all contributing factors. Yet, as the editors point out, “On the positive side, the transgender community has been able to mobilize and empower itself, and has found a voice that no longer can be ignored. We call on transgender and nontransgender people alike to work together to advance HIV prevention and promote our sexual health” (from Amazon.com).


6.108 DRUtr 2009

If you have an incongruent gender identity and are considering a gender transition to bring peace to your life, Transitions will help you understand all the implications of the journey you are about to undertake. Transitions will guide you through the transition process from end to end, teaching you how to come out to friends and family, maintain employment, manage transition finances, deal with sex and religion, plan your physical changes, pass and fit in as a member of your new gender, and more (from Publisher).