Asexual Resources

What is asexual?

“An asexual is someone who does not experience sexual attraction. Unlike celibacy, which people choose, asexuality is an intrinsic part of who we are. Asexuality does not make our lives any worse or any better, we just face a different set of challenges than most sexual people. There is considerable diversity among the asexual community; each asexual person experiences things like relationships, attraction, and arousal somewhat differently.” (taken from The Asexual Visibility and Education Network)

Nonfiction

*Asexuality: A Brief Introduction* by Asexuality Archive
9.100 ASEas 2012
Sometimes called “A Fourth Orientation”, asexuality is a sexual orientation characterized by a persistent lack of sexual attraction toward any gender. This book explores love, sex, and life, from the asexual point of view. This book is for anyone, regardless of orientation. Whether you’re asexual, think you might be, know someone who is, or just want to learn more about what asexuality is (and isn’t), there’s something inside for you. This is one of the first books exclusively dedicated to the subject of asexuality as a sexual orientation. Written by an asexual, it discusses the topic from the inside.

*The Invisible Orientation: An Introduction to Asexuality* by Julie Sondra Decker
1.900 DECin 2014
Julie Sondra Decker outlines what asexuality is, counters misconceptions, provides resources, and puts asexual people's experiences in context as they move through a very sexualized world. It includes information for asexual people to help understand their orientation and what it means for their relationships, as well as tips and facts for those who want to understand their asexual friends and loved ones.

*The Love and Sex Life of an Aromantic Asexual* by Laurel Federbush
6.100 LOVfe 2015
An aromantic asexual is someone who experiences neither romantic love nor sexual attraction. But that doesn't mean we don't have feelings. Here's a first-hand look at the interior landscape of one aromantic asexual...me!

Fiction

*Quicksilver* by R.J. Anderson
9.409 ANDqu 2013
Three months ago, perfect, popular seventeen year-old Tori Beauprand disappeared into thin air. And then, just as inexplicably, Tori returns home, bloodied and beaten, but alive and whole. Tori’s disappearance is a mystery to the police and her friends, and she claims that she cannot remember anything of her abduction, or the weeks she was gone. More than anything, Tori wants everyone to forget, and to move on with her life as though nothing has happened.

*The Heart of Aces* by Sarah Sinnaeve
9.009 SINhe 2012
The heart of aces is where an anomaly lives, where love’s definition takes a deviation from the common rules. These eleven stories dive into asexual relationships, where couples embrace differences, defy society’s expectations, and find romantic love. In this collection is a full spectrum of asexuality in all its classifications. From contemporary fiction to fantasy, from heteroromantic to homoromantic, join these unique characters on their journey to finding the person that speaks to their hearts.

List compiled by the GLBT Student Support Services Office at Indiana University Bloomington
Outside resources available online

(A)Sexual (2013), a documentary by Angela Tucker
Facing a sex obsessed culture, a mountain of stereotypes and misconceptions, as well as a lack of social or scientific research, asexuals - people who experience no sexual attraction - struggle to claim their identity. A FilmBuff Presentation.
Available on Hulu: http://www.hulu.com/watch/503545

The Asexual Visibility & Education Network (AVEN)
AVEN hosts the world's largest online asexual community as well as a large archive of resources on asexuality.
AVEN strives to create open, honest discussion about asexuality among sexual and asexual people alike.
Website: http://www.asexuality.org/home/

Asexuality Archive
The Asexuality Archive is a collection of all things Ace, striving to provide a comprehensive and uncensored look into what asexuality is, what it means to us and how it shapes our lives. The intention is to provide information that is approachable and informative, whether or not you’re asexual.
Website: http://www.asexualityarchive.com/

Taking the Cake: An Illustrated Primer on Asexuality
Maisha's Taking the Cake zine is a beautifully illustrated COLORING BOOK on all-things asexual. Topics include a rundown on the various "flavors" of asexuality, the symbols of asexuality, a look at asexuality in how it pertains to the LGBTQ community, "Tips for Sexuals Dating Asexuals," a piece on how to be an ally to asexuals, a resource library, and much more!
Website: http://lgbt.wisc.edu/documents/Asexuality_Taking_the_Cake_zine.pdf
Also available in the GLBT Library’s zine collection.

Asexuality Awareness Week (October 26-November 1)
Asexual Awareness Week is an international campaign that seeks to educate about asexual, aromantic, demisexual, and grey-sexual experiences and to create materials that are accessible to our community and our allies around the world.
Website: http://asexualawarenessweek.com/

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